

Power of Play

A Two-Part Series on Nurturing the Basic Drive to Play

Child's Play

Thursday, October 17th | 7:00 - 9:00 PM

Although play is natural for children, pressures for more structured learning time in the classroom combined with access to more screen time, stand in the way of maximizing playtime. All caretakers play a vital role in making room for many types of play, including encouraging the use of fantasy to meet developmental needs at all ages.

Adult's Play

Thursday, November 14th | 7:00 - 9:00 PM

We're living in a time that's more conducive to anxiety than playfulness. Yet, play may be what's needed to help alleviate our stress and restore balance and connectivity. But what is adult play and what may get in our way?

FREE In-Person Community Events

2 CE Units / Clock Hour Available

To register and learn more about BGSP's events, visit <u>bgsp.edu/events</u>

