

BGSP One Year Program/OYP 100
Transference and Resistance
Fall 2020
Thursdays 5-7 pm

Instructor:

Dr. Paula Berman

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Objectives:

Upon completing the course, the student will be able to:

- Explain the terms resistance and transference.
- Describe the function of resistance.
- Demonstrate the use of observation for making inferences and interventions.
- Explain the meaning of narcissistic transference and resistance.
- Discuss what is meant by the positive aspects of the negative therapeutic reaction.
- Discuss the meaning of the therapeutic resolution of verbal and preverbal resistance.

Teaching Method:

Class discussion of the assigned readings, using clinical or life experiences, observations or class dynamics to elucidate theoretical principles.

Method of Evaluation:

Participation in class discussion, attendance, submissions of class logs.

Attendance:

Students are expected to attend all classes as an important part of the learning process in the classroom discussion. There are no more than two excused absences (absences with the instructor's permission).

Assignments:

Readings should be done prior to each class. Logs should be emailed to the instructor at p.berman@comcast.net and submitted prior to the next class, but no later than 24 hours before. As confidential communications to the instructor, the logs may address anything of interest or concern to the student, with respect to the intellectual and emotional experience of the class and/or of the material. Student's name, date of class for which log is written, instructor's name, and log # should be in each email.

Class Readings:

September 10th

Class 1: Recognizing Transference and Its Implications

Freud, Sigmund (1912), The dynamics of transference. Standard Edition. London: Hogarth Press, 12:97-108.

September 24th

Class 2: Recognizing Transference and Its Implications cont'd

Margolis, Benjamin (1979), Narcissistic transference: the product of overlapping self and object fields. *Modern Psychoanalysis*, 4:131-140.

Margolis, Benjamin (1981), Narcissistic transference: further considerations. *Modern Psychoanalysis*, 6(2):171-182.

October 8th

Class 3: Recognizing Transference and Its Implications cont'd

Spotnitz, Hyman (2004), Narcissistic transference. *Modern Psychoanalysis of the Schizophrenic Patient*. Second Edition. New York: YBK Publishers. pp. 129-151.

Hamer, F.M. (2006). Racism as a Transference State: Episodes of Racial Hostility in the Psychoanalytic Context. *Psychoanal Q.*, 75(1):197-214.

October 22nd

Class 4: Understanding the Function of Resistance

Freud, Sigmund (1916), Resistance and repression. Standard Edition. London: Hogarth Press, 16:286-302.

Greenson, Ralph (1968), The theory of resistance. *Technique and Practice of Psychoanalysis*. Volume I, Second Edition. New York: International Universities Press. pp. 76-96.

October 29th – Out of Sequence

Class 5: Understanding the Function of Resistance cont'd

Spotnitz, Hyman (2004), Recognition and understanding of resistance: management and mastery of resistance. *Modern Psychoanalysis of the Schizophrenic Patient*. Second Edition. New York: YBK Publishers. pp. 95-126.

Shepherd, M. (2008). The Silent Revolution in Psychoanalysis: Hyman Spotnitz and the Reversibility of Schizophrenia. *Mod. Psychoanal.*, 33B:3-22.

November 5th

Class 6: Using Observation for Making Inferences and Interventions

Meadow, Phyllis (1989), How we aim to be with patients. *Modern Psychoanalysis*, 14(2):144-162.

Meadow, P.W. (1991). Resonating with the Psychotic Patient. *Mod. Psychoanal.*, 16:87-103

November 19th

Class 7: Using Observation for Making Inferences and Interventions cont'd

Spotnitz, Hyman (1997), The goals of modern psychoanalysis: the therapeutic resolution of verbal and preverbal resistances for patient and analyst. *Modern Psychoanalysis*, 22(1):31-40.

December 3rd

Class 8: Transference and racism

Leigner, Evelyn (2007) Focused countertransference *Clin Soc Work* 35:277-286.

December 17th

Class 9: Narcissistic Resistances

Miller, F.N. (1985). Hopelessness: A Narcissistic Resistance. *Mod. Psychoanal.*, 10:65-79. -
Schafer, Roy (1984) Pursuit of failure. *American Psychologist* 39(4):398-405.

January 14th

Class 10: Narcissistic Resistances cont'd

Limentani, A. (1981). On Some Positive Aspects of the Negative Therapeutic Reaction. *Int. J. Psycho-Anal.*, 62:379-390.