BGSP One Year Program/OYP 100 Transference and Resistance Fall 2021 Wednesdays 7:10 pm – 8:40 pm

Instructor:

Dr. Paula Berman Phone: 617-947-0812 Email: bermanp@bgsp.edu

Objectives:

Upon completing the course, the student will be able to:

- Explain the terms resistance and transference.
- Describe the function of resistance.
- Explain the meaning of narcissistic transference and resistance.
- Discuss what is meant by the positive aspects of the negative therapeutic reaction.
- Discuss the meaning of the therapeutic resolution of verbal and preverbal resistance.

Teaching Method:

Class discussion of the assigned readings, using clinical or life experiences, observations or class dynamics to elucidate theoretical principles.

Method of Evaluation:

Participation in class discussion, attendance, submissions of class logs.

Attendance:

Students are expected to attend all classes as an important part of the learning process in the classroom discussion. There are no more than two excused absences (absences with the instructor's permission).

Assignments:

Readings should be done prior to each class. The last 10 minutes of each class will be used to write logs. Logs should be emailed to the instructor at bermanp@bgsp.edu and submitted prior to the next class. As confidential communications to the instructor, the logs may address anything of interest or concern to the student, with respect to the intellectual and emotional experience of the class and/or of the material. Student's name, date of class for which log is written, instructor's name, and log # should be in each email.

Class Readings:

September 8th

Class 1: Transference is a Resistance

Freud, Sigmund (1912), The dynamics of transference. <u>Standard Edition</u>. London: Hogarth Press, 12:97-108.

Freud, Sigmund (1917), Transference S.E.16:444-447

September 22nd

Class 2: Neurotic Transference vs. Narcissistic Transference

Spotnitz, Hyman (2004), Narcissistic transference. <u>Modern Psychoanalysis of the Schizophrenic</u> Patient. Second Edition. New York: YBK Publishers. pp. 129-151.

October 6th

Class 3: More about Transference

Joseph, B. (1985), Transference: the total situation. *International Journal of Psychoanalysis*, 66:447-454.

Margolis, Benjamin (1979), Narcissistic transference: the product of overlapping self and object fields. *Modern Psychoanalysis*, 4:131-140.

Margolis, Benjamin (1981), Narcissistic transference: further considerations. *Modern Psychoanalysis*, 6(2):171-182.

October 20th

Class 4: Even More about Transference

Bollas, C. (1987) Transference positions, the use of the object. <u>In the Shadow of the Object.</u> New York: Columbia University Press pp.241-248.

Bollas, C. (1994) Aspects of the erotic transference. *Psychoanalytic Inquiry*, 14:572-590.

Nov. 3rd

Class 5: Understanding the Function of Resistance

Freud, Sigmund (1916), Resistance and repression. <u>Standard Edition</u>. London: Hogarth Press, 16:286-302.

Nov. 17th

Class 6: Understanding the Function of Resistance cont'd

Spotnitz, Hyman (2004), Recognition and understanding of resistance: management and mastery of resistance. <u>Modern Psychoanalysis of the Schizophrenic Patient.</u> Second Edition. New York: YBK Publishers. pp. 143-162.

Dec. 1st

Class 7: Preoedipal Transference and Resistance

Meadow, P.W. (1996). The Preoedipal transference. *Mod. Psychoanal.*, 21(2):191-200.

Spotnitz, Hyman (1997), The goals of modern psychoanalysis: the therapeutic resolution of verbal and preverbal resistances for patient and analyst. *Modern Psychoanalysis*, 22(1):31-40.

Dec. 15

Class 8. Negativity and Hate in the Transference

Gabbard, G. (1991) Technical approaches to transference hate in the borderline patient. *International Journal of Psychoanalysis*, 72:625-637.

Limentani, A. (1981). On some positive aspects of the negative therapeutic reaction. *Int. J. Psycho-Anal.*, 62:379-390

Jan. 5th

Class 9: Transference and Racism

Holmes, D.E. (1992) Race and transference in psychoanalysis and psychotherapy. *Int. Journal of Psycho-Anal.* 73, 1-11.

Leary, K. (1997) Race, self-disclosure and "forbidden talk": Race and ethnicity in clinical practice. *Psychoanalytic Quarterly*, LXVI, 1997, 163-188.

Jan. 19th

Class 10: Science and Transference

Murphy, R. (2017). Neurobiology, modern psychoanalysis, and transference. *Mod. Psychoanal.*, 42(1):12-26.