

# CP 103 Ethics for Mental Health and Addictions Counselors

**Dr. Waterson**  
**Spring 2020**

## **Course Description:**

This course is designed to provide the student with an in-depth review of ethical and professional issues in the practice of mental health and substance abuse counseling. Students explore the nature of ethical decision-making in relation to the ethical codes of the ACA and AMHCA, legal requirements, and case examples from different modalities (adult, children, families, groups). The course examines issues of professional practice such as the counselor's role, working within systems, and managed care as well as understanding of licensure and regulatory practices. *This course is designed to meet the licensing board's requirement for a course on Professional Orientation.*

## **Learning Objectives:**

- To be able to identify ethical standards for counselors, describe client rights and understand legal requirements for counselors.
- To understand licensure and regulatory practice.
- To gain a knowledge of standards of the code of ethics of The American Counseling Association and the American Mental Health Counseling Association.
- To identify specific issues relevant to substance abuse and addiction.
- To understand the worth, dignity and diversity of cultural backgrounds of individuals.

## **Methods of Evaluation:**

Students will be evaluated on contributions to class discussions, written and oral work and attendance.

Students missing more than two classes will not receive credit for the course. Please submit an excused absence form in advance to the instructor.

## **Course Requirements:**

**Readings:** Complete the assigned readings and be prepared to discuss them critically in class. For each class a (typewritten) concise commentary and analysis of that week's readings is to be submitted.

**Logs:** A log is required for each class. Logs may contain any communication a student wishes to make to the instructor. An ideal log contains comments about class assignments, the class process and the student's feelings. Please submit logs on a 5x8 index card, typed or written legibly.

**Presentations:** Each student will make a mini oral presentation on a topic of their choice corresponding to the class topics. More details to be discussed further in class.

## **Texts:**

American Counseling Association (2014) ACA Code of Ethics.

American Mental Health Counseling Association (2015) Code of Ethics of the American Mental Health Counselors Association, 2015 Revision.

Dewald, P. and Clark, R., Eds. (2001) Ethics Case Book of the American Psychoanalytic Association. New York: American Psychoanalytic Association.

In the interest of the patient: An ethics for psychoanalysis [Special issue]. (2011). Modern Psychoanalysis, 36(2).

Herlihy, B. and Corey G. (1996) ACA Ethical Standards Casebook, Fifth Edition. Alexandria, VA: American Counseling Association.

NAADAC, The Association for Addiction Professionals (2016). NAADAC/NCC AP Code of Ethics. Alexandria, VA: NAADAC.

Retrieved from: <https://www.naadac.org/assets/2416/naadac-code-of-ethics.pdf><<https://www.naadac.org/assets/2416/naadac-code-of-ethics-033117.pdf>>

Pope, K. and Vasquez, M.J. (1991) Ethics in Psychotherapy and Counseling: A Practical Guide for Psychologists. San Francisco: Jossey Bass.

Shanahan, T. and Wang, R. (2003) Reason and Insight: Western and Eastern Perspectives on the Pursuit of Moral Wisdom, Second Edition. Belmont, CA: Thomson Wadsworth.

## **Syllabus:**

### Week 1 The Origins of Ethics

Shanahan & Wang, pp. 1-32. How Ethical Issues Arise: An Example.

### Week 2 Philosophy of Ethics: Eastern Perspectives

Shanahan & Wang, pp. 129-137, Eastern Ethical Perspectives. pp. 149-154, Daoism. pp. 187-205, Work, Nonattachment, and Wisdom.

### Week 3 Understanding and Using Codes of Ethics.

Herlihy & Corey, pp. 3-15. Foundations of Codes of Ethics.

### Week 4: Special Issues in Addictions Counseling

ACA Code of Ethics, NAADAC Code of Ethics, & BSAS Counselor Licensure Regulations

American Counseling Association (2014) ACA Code of Ethics.

The Association for Addiction Professionals NAADAC Code of Ethics

American Mental Health Counselors Association (2015) Code of Ethics of the American Mental Health Counselors Association 2015 Revision.

### Week 5 Psychoanalytic Ethical Perspectives

Dewald & Clark, pp. i-xvi, Principles & Standards of Ethics for Psychoanalysts.

### Week 6: Client's Rights and Competence

Herlihy & Corey, pp. 181-191. Client Rights and Informed Consent.

Dewald & Clark, pp. 1-19, Psychoanalytic Competence.

### Week 7 Confidentiality and Duties to Report

Herlihy & Corey, Derald Wing Sue, pp. 205-215 Confidentiality.

Dewald & Clark, pp. 21-40, Confidentiality.

### Week 8 Avoiding Exploitation

Dewald & Clark, pp. 41-62, Avoiding Exploitation.

Pope & Vazquez, pp. 60-73, Beginnings and Endings, Absences and Accessibility.

### Week 9 Dual Relationships

Herlihy & Corey, pp. 229-240 Working with Multiple Clients, pp. 251-266, Dual Relationships.

### Week 10 Multicultural Counseling

Herlihy & Corey, Derald Wing Sue, pp. 193-215, Ethical Issues in Multicultural Counseling.

Pope & Vazquez, pp. 130-138, Cultural, Contextual, and Individual Differences.

### Week 11 Contemporary Ethical Issues

Shanahan & Wang, pp. 217- 228, Some Contemporary Moral Issues.

Pope & Vazquez, pp. 42-50, Common Misperceptions that Interfere with Ethical Practice.

Birnkrant, M. (2015). Sharing the Couch: Ethical Considerations of Third Parties in Treatment. Modern Psychoanalysis, 40(1):36-48.

### Week 12 Ethics in Psychotherapy

Keith-Spiegel, P. and Koocher G. P. (1985) Knowing Thyself: Competence and Weakness. Ethics in Psychology: Professional Standards and Cases. New York: McGraw-Hill. pp. 223-250.

### Week 13 Transference and Countertransference in Ethical Practices

Margolis B. (1978). Narcissistic Countertransference: Emotional Availability and Case Management. Modern Psychoanalysis, 3(2):133-151.

### Week 14 The Ethics of Psychoanalysis

Fink, B. (1999). The Ethics of Psychoanalysis: A Lacanian Perspective. Psychoanalytic Review, 86:4, pp. 529-545.

Elliott, V.S. (2016). Ethical Challenges and Considerations in the Treatment of Children. Modern Psychoanalysis, 41(2):93-112.

### Week 15 The Subject of Ethics

Richardson, W. (1999). The Subject of Ethics. Psychoanalytic Review, 86:4, pp. 547-567.