

# MANUAL for Fieldwork Programs

Policies, Procedures and Forms for Field Placement Masters, Certificate, and Doctoral Programs

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## 1.0 THE FIELDWORK PROGRAM

### 1.01 GENERAL PURPOSE

A psychodynamic theoretical understanding of schizophrenia developed in the 1940s and 50s with the work of Winnicott, Racker, Spotnitz, Searles, and others leading to a psychoanalytic technique which has enabled subsequent practitioners to expand the frontiers of psychoanalytic research and practice to address the earliest levels of human functioning. Understanding psychosis is central to the curriculum of the Boston Graduate School of Psychoanalysis (BGSP). Whether studying for a master's degree or pursuing a certificate or doctorate in psychoanalysis, a BGSP student begins by stepping into the world of the deeply regressed patient. By learning to be with these patients in a way that does not violate the patient's stimulus barrier, the student learns how psychotic defenses operate and how to read and respond to the patient's symbolic attempts at communication. This experience is fundamental to comprehending the roots of human motivation and early levels of mental functioning.

Students must be in good academic standing to begin Fieldwork Placement.

### 1.02 THE PROGRAM

The two-year program is designed with flexibility so that students may proceed at a pace suited to their previous experience and program requirements.

### 1.03 PREREQUISITES

Students must complete one of the Clinical Psychopathology courses, PT/CP 184, 186, or PT 191, and a full semester of training analysis (minimally 12 sessions) before starting the Fieldwork Seminar and externship.

### **1.04 APPLICATION PROCESS**

All students applying for the Fieldwork Program must submit an application (Form 1) containing:

- Their current Training Analyst's signature and number of sessions to date
- Their Advisor's signature
- The Dean's signature
- And must have an interview with the Fieldwork Coordinator, Ms. Christina Healy (email: <u>healyc@bgsp.edu</u> or cell: 617-285-3214).
- All BGSP-contracted Fieldwork placements will be assigned by the Fieldwork Coordinator.
- Once admitted to a field placement, the student submits a Statement of Field Placement (Form 2) to the Fieldwork Coordinator.

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## 2.00 REQUIREMENTS

### 2.01 Master's in Mental Health Counseling students are required to:

- Take three consecutive semesters of CP 185 Fieldwork Seminar
- Take three consecutive semesters of CP 111 Group Supervision
- Register for CP 111 Group Supervision during the Summer Term
- Take 10 hours of CP 331 Individual Supervision during their practicum semester (1<sup>st</sup> semester of fieldwork) with a psychoanalyst who is a licensed mental health counselor approved by BGSP to supervise (list provided).
- Attend 3 consecutive semesters + summer of Fieldwork at their assigned facility.
- For each semester, student must pass: Fieldwork Seminar CP 185 and Group Supervision CP 111 in order to complete 330/340 Fieldwork Placement.
- Complete a 400-hour fieldwork experience including seeing three patients weekly for a minimum of 150 hours patient observation at their facility.
- Get a written evaluation each semester from their assigned facility Administrator.
- Purchase student professional liability insurance (see appendix).

The first semester of fieldwork constitutes the counseling practicum experience. Additional semesters provide additional clinical experience.

Students in the Master's in Mental Health Counseling program typically embark on a counseling internship in the second or third year of study. They consult with the Internship Coordinator during their first year to discuss possible placements. The internship placement is in addition to the fieldwork placement.

## Students in the Counseling program should consult the Counseling Clinical Manual for a full description of internship requirements.

At the end of three consecutive semesters of field placement (usually in the 4<sup>th</sup> semester of the program), the typical full-time student makes the final case presentation in the CP 185 class, presenting all of their cases but selects one as the primary case to present in more depth.

The student must submit a Completion of Fieldwork form with the required signatures.

### 2.02 Master's in Psychoanalysis students are required to:

- Take three consecutive semesters of PT 185 Fieldwork Seminar
- Take three consecutive semesters of PT 111 Group Supervision
- Register for PT 111 Group Supervision during the Summer Term
- Take 10 hours in the second semester of fieldwork of PT 341 Individual Supervision with any qualified supervisor at BGSP.
- Attend 3 consecutive semesters + summer of Fieldwork at their assigned facility.
- For each semester, student must pass: Fieldwork Seminar PT 185 and Group Supervision PT 111 in order to complete 340 Fieldwork Placement.
- Complete a 600-hour fieldwork experience including seeing four patients weekly for a

minimum of 180 hours of patient observation at their facility.

- Get a written evaluation each semester from their assigned facility Administrator.
- Purchase student professional liability insurance (see appendix).

At the end of three consecutive semesters of field placement (usually in the 4<sup>th</sup> semester of the program), the typical full-time student makes the final case presentation in the PT 185 class, presenting all of their cases but select one as the primary case to present in more depth.

The student must submit a Completion of Fieldwork form with the required signatures.

### 2.03 Post-Master's doctoral students with clinical experience:

These students may with approval, begin their Fieldwork in their first semester.

#### They are required to:

- Take two consecutive semesters of PT 2609 Fieldwork Seminar.
- Take two consecutive semesters of PT 201 Group Supervision.
- Register for PT 201 Group Supervision during the Summer Term, if required.
- Take 10 hours in the 2<sup>nd</sup> semester of fieldwork of PT 341 Individual Supervision with any qualified supervisor at BGSP.
- Attend two consecutive semesters of Fieldwork at their assigned facility.
- For each semester, student must pass: Fieldwork Seminar PT 2609 and Group Supervision PT 201 in order to complete 340 Fieldwork Placement.
- Complete a 400-hour fieldwork experience including seeing four patients weekly for a minimum of 130 hours of patient observation.
- Get a written evaluation each semester from their assigned facility Administrator.
- Purchase student professional liability insurance (see appendix).

At the end of two consecutive semesters of field placement, the typical full-time student makes the final case presentation in the PT 2609 class, presenting all of their cases but select one as the primary case to present in more depth.

The student must submit a Completion of Fieldwork form with the required signatures.

## Students in the Doctoral and Certificate programs should consult the Doctoral and Certificate Catalog for further requirements.

#### Final Case Presentation:

The final case presentation is scheduled in the last semester of the fieldwork class. The student presents all of their cases with a focus on one case in-depth. The instructor gives the student feedback on their presentation.

Appendices

## BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS APPLICATION FOR FIELD PLACEMENT PROGRAM

(Form 1)

NAME				DATE		
ADDRESS			ENTERED BGSP			
PHONE: HOM	E			_OFFICE		
I wish to be co	onsidered for th	e BGSP Field I	Placement Prog	ram, to begin v	vith the	
	semes	ter.				
		BGSP C	OURSES COMPLE	TED		
	Sem./Date				Sem./Date	
	clinical experie					
If yes, please describe:						
					ons to date*:	
Analyst's Sign	ature					
Applicant's Si	gnature			_Date		
Advisor				Date		
Dean of Graduate Studies				Date		
Coordinator of Fieldwork *12 sessions required.						

### BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS STATEMENT OF FIELDWORK PLACEMENT (Form 2)

To be filed with the Fieldwork Coordinator at the beginning of the placement

Name of Student
Name of Placement
Address of Placement
Administrative Contact
BGSP Clinical Supervisor CP/PT 201/111
Counseling Program Individual Supervisor
Counseling Program Group Supervisor
Date Placement Began
Summary of Duties
Date
Student Signature
BGSP Supervisor Signature CP 201 (PT 111)
Date
Fieldwork Coordinator Signature
<b>(</b> 7 <b>)</b>

Form 3

## BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS PT/CP 185 (PT 2609) RECORD OF FIELDWORK ACTIVITIES

(Form 3)

Turn in to Fieldwork Coordinator at the end of each semester

Semester		PT 185	Instructor		
Name					
Placement			Date Begar	۱	
PT 111 Supervisor		Placem	ient Superv	isor	
Week 1 PT/CP 185 PT 111 Observe Pts. Adm. Super. CP 331,PT341 Process Rec. Weekly Total Overall Total	Hours	Week 2 PT/CP 185 PT 111 Observe Pts. Adm. Super. CP 331,PT341 Process Rec. Weekly Total Overall Total	Hours	Week 3 PT/CP 185 PT 111 Observe Pts. Adm. Super. CP 331,PT341 Process Rec. Weekly Total Overall Total	Hours
Week 4 PT/CP 185 PT 111 Observe Pts. Adm. Super. CP 331,PT341 Process Rec. Weekly Total Overall Total	Hours	Week 5 PT/CP 185 PT 111 Observe Pts. Adm. Super. CP 331,PT341 Process Rec. Weekly Total Overall Total		Week 6 PT/CP 185 PT 111 Observe Pts. Adm. Super. CP 331,PT341 Process Rec. Weekly Total Overall Total	Hours
Week 7 PT/CP 185 PT 111 Observe Pts. Adm. Super. CP 331,PT341 Process Rec. Weekly Total Overall Total	Hours	Week 8 PT/CP 185 PT 111 Observe Pts. Adm. Super. CP 331,PT341 Process Rec. Weekly Total Overall Total	Hours	Week 9 PT/CP 185 PT 111 Observe Pts. Adm. Super. CP 331,PT341 Process Rec. Weekly Total Overall Total	Hours

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Form 3, cont'd

Week 10	Hours	Week 11	Hours	Week 12	Hours
PT/CP 185		PT/CP 185		PT/CP 185	
PT 111		PT 111		PT 111	
Observe Pts.		Observe Pts.		Observe Pts.	
Adm. Super.		Adm. Super.		Adm. Super.	
CP 331,PT341		CP 331,PT341		CP 331,PT341	
Process Rec.		Process Rec.		Process Rec.	
Weekly Total		Weekly Total		Weekly Total	
<b>Overall Total</b>		<b>Overall Total</b>		<b>Overall Total</b>	

Week 13	Hours	Week 14	Hours	Week 15	Hours
PT/CP 185		PT/CP 185		PT/CP 185	
PT 111		PT 111		PT 111	
Observe Pts.		Observe Pts.		Observe Pts.	
Adm. Super.		Adm. Super.		Adm. Super.	
CP 331,PT341		CP 331,PT341		CP 331,PT341	
Process Rec.		Process Rec.		Process Rec.	
Weekly Total		Weekly Total		Weekly Total	
<b>Overall Total</b>		Overall Total		Overall Total	
Summer	Hours	Extra	Hours		

Summer	Hours	Extra	Hours
PT/CP 185		PT/CP 185	
PT 111		PT 111	
Observe Pts.		Observe Pts.	
Adm. Super.		Adm. Super.	
Process Rec.		Process Rec.	
Weekly Total		Weekly Total	
Overall Total		Overall Total	

Notes: \_\_\_\_\_

Total hours to date:

Form 4

## BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS PT/CP 185 (PT 2609) REPORT LOG (Form 4)

To be submitted during each PT/CP 185 (PT 2609) class meeting

NAME	REPORT#	
INSTRUCTOR	SEMESTER	
PLACEMENT	_PLACEMENT SUPERVISOR	
PT/CP 185 CLASS LOG: DATE	OF CLASS	

## BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS SUPERVISION FORM PT/CP 111 (PT 201) (Form 5)

To be submitted to PT/CP 111 (PT 201) supervisor: 6 Process Notes per patient each semester

Student	Superv	visor
Supervisor Section	Date of Supervision	
Patient's Initials	Date of Session	Session #

PROCESS NOTES

Form 5

## BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS STATEMENT OF INDIVIDUAL SUPERVISION (Form 6) CP 331 for MA in Counseling students PT 341 for MA in Psychoanalysis & Doctoral students

All students in fieldwork are required to participate in 10 hours of individual supervision during their fieldwork placement. MA in Counseling students complete these hours during their practicum semester with a licensed mental health counselor at the school. Students in the MA in Psychoanalysis & Doctoral programs complete these hours during their second or third semester in fieldwork.

MA in Counseling students are encouraged to ask their 111 supervisors whether they are qualified to provide individual supervision as a licensed mental health counselor. Otherwise, a list of qualified supervisors may be obtained from the Registrar. MA in Psychoanalysis & Doctoral students may choose any qualified supervisor including their PT 111/201 supervisor.

l,	
am in individual supervision with	
for the semester of	
Signatures:	Date//
Student Signature	Date//
Supervisor Signature	
This section to be completed at the e	end of semester:
Semester:	Hours of Supervision Completed:
	Date//
Supervisor Signature	

Boston Graduate School of Psychoanalysis 1581 Beacon Street Brookline MA 02446 617-277-3915

### FIELDWORK PLACEMENT EVALUATION FORM (Form 7)

To be given to site contact and then submitted to fieldwork coordinator at the end of each semester

Student: \_\_\_\_\_

Supervisor: \_\_\_\_\_

Client Hours on Site/Week: \_\_\_\_\_\_Additional Hours on Site/Week: \_\_\_\_\_\_

Please write a brief evaluation of the student's work at your institution or agency.

 Placement End Date//
Date//
tina Healy, in a sealed envelope or via email: <u>healyc@bgsp.edu</u>

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Form 7

Form 8

## BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS COMPLETION OF FIELD WORK FORM (Form 8)

STUDENT'S N	AME	DATE			
	Fieldwork Placement Placement Site				
Placer	nent Site Contact	Phone			
Patien	ts' Initials				
Description of	fActivities	Total Hours from Form 3			
1.	PT/CP 185 (PT 2609) Classes at BGSP				
2.	PT/CP 111 (PT 201) Case Supervision at BGS	SP			
3.	PT 341/CP 331 Individual Supervision at BG	SP			
4.	Observing Patients at Placement				
5.	Admin./Supervision at Placement				
6.	Charting and Recording				
7.	Other (Describe)				
Total I	Hours				
Number of Se	mesters in PT/CP 185 (PT 2609)				
Final Evaluation	on by Site Contact Received Yes	No			
Filed Placement	Coordinator Signature	Date//			
	Filed Placement Coordinator Signature Fieldwork Presentation				
	Oral Case Presentation: Date / / Passed: Yes No No				
Comments					
PT/CP 185 (PT	Date / / PT/CP 185 (PT 2609) Faculty Signature (signature indicates presentation disposition)				
	L 17 J				

Form 8, cont'd

STUDENT'S NAME				DATE		
TRAINING ANALYSIS Analyst's Name						
Analytic Hours to Dat	e timated					
Analyst's Signature						
COURSEWORK	//					
Courses Completed T	o Date (list)					
Educational Review						
				Date/	/	
Advisor's Signature						

### Student Professional Liability Insurance (Form 9)

All pre-candidacy and Master's students who are participating in any field, practicum, or internship placements are required to carry low-cost individual student professional liability insurance.

In addition to the school's policies and the site's policies, having individual insurance provides the best protection for students working clinically on-site.

THE AVERAGE COST FOR STUDENT INSURANCE IS \$35 PER YEAR.

One agency that is recommended is the American Professional Agency, Inc. <u>www.americanprofessional.com</u>. You must also join the Society of Modern Psychoanalysts (SMP) to be eligible for this insurance, which you may do easily by visiting their website at SMPUSA.org. When you join as a STUDENT there is no fee at this level. This is the insurance also recommended for candidacy level students who see patients in the Therapy Center, and it specifically recognizes modern psychoanalysis and the SMP.

There are other companies that offer this type of insurance that are acceptable for coverage at a comparable cost.

Students submit a copy of the coverage page of the policy you choose to the Fieldwork Coordinator.