

# MANUAL for Fieldwork Programs

Policies, Procedures and Forms for Field Placement Master's, Certificate, and Doctoral Programs

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#### THE FIELD PLACEMENT PROGRAM

#### **GENERAL PURPOSE**

A psychodynamic theoretical understanding of schizophrenia developed in the 1940s and 50s with the work of Winnicott, Racker, Spotnitz, Searles, and others leading to a psychoanalytic technique which has enabled subsequent practitioners to expand the frontiers of psychoanalytic research and practice to address the earliest levels of human functioning. Understanding psychosis is central to the curriculum of the Boston Graduate School of Psychoanalysis (BGSP). Whether studying for a master's degree or pursuing a certificate or doctorate in psychoanalysis, a BGSP student begins by stepping into the world of the deeply regressed patient. By learning to be with these patients in a way that does not violate the patient's stimulus barrier, the student learns how psychotic defenses operate and how to read and respond to the patient's symbolic attempts at communication. This experience is fundamental to an understanding of the roots of human motivation and early levels of mental functioning.

#### THE PROGRAM

The two-year program is designed with flexibility so that students may proceed at a pace suited to their previous experience and program requirements.

Students are required to take:

- MA students: PT/CP 184 and PT/CP 186; Psya.D. students: PT 191 Psychoanalytic Psychopathology and Early Mental States
- MA students: Three consecutive semesters of PT/CP 185; Psya.D. students: if coming as a post-master's doctoral student with clinical experience, two consecutive semesters of PT 2609
- MA students: Three consecutive semesters with patients of PT/CP 111;
   Psya.D. students: Two consecutive semesters with patients of PT 201
- MA students: Three consecutive semesters at their Fieldwork Placement;
   Psya.D. students: Two consecutive semesters at their Fieldwork Placement
- And depending on their program, to be in either a 400 or 600 hour Field Placement setting concurrently with PT 2609 / PT/CP 185 and PT 201 / PT/CP 111

Students in the Master's in Psychoanalysis program must complete a 600 hour fieldwork experience (typically seeing four patients weekly).

Students in the Master's in Mental Health Counseling program, and the doctoral program with clinical experience, must complete a 400 hour fieldwork experience (typically seeing three patients weekly).

Counseling students should consult the Counseling Clinical Manual for clarification of additional Counseling Master's program requirements for clinical placements.

Fieldwork students typically begin the clinical program by enrolling in PT/CP 184 or PT 191, the prerequisite for entering the Field Placement. During this time, the student makes two informal

visits to an approved facility, to become acquainted with the general atmosphere and to explore their reactions in brief reports which describe both the environment and the student's experience of it. Students beginning a training analysis are expected to have completed a full semester of training analysis (minimally 12 sessions) before beginning the fieldwork seminar and externship.

In the second semester of Master's degree programs, full-time students enroll in PT/CP 185 to begin Field Placement. Doctoral students with clinical experience may enroll in PT 2609 in their first semester. Many placement options are available (see appendix). All placements must be approved by the Fieldwork Coordinator. New placement options may be opened by special request to the Fieldwork Coordinator.

During the second, third, and fourth semesters, Master's students are actively involved in the field placement (seeing patients, going to team meetings if available, and having regular meetings with the administrative supervisor at the placement). Students in BGSP-contracted placements take PT/CP 111 or PT 201 group supervision.

Counseling students should consult the Counseling Clinical Manual for clarification of additional supervision requirements. The first semester of fieldwork constitutes the counseling practicum experience. Students are expected to attend the placement weekly and to observe 3-4 patients over the year and a half of the externship.

Students attend placements over summer break, excluding vacation time, and enroll in summer supervision. At the end of three consecutive semesters of field placement (usually in the 4<sup>th</sup> semester of the program), the typical full-time student makes the final case presentation in the PT/CP 185 class, presenting all of their cases but selecting one as the primary case to present in more depth. For doctoral students with clinical experience, the case presentation is made at the end of two consecutive semesters of field placement.

Students in the M.A. in Mental Health Counseling program typically embark on a counseling internship in the second or third year of study. They consult with the Internship Coordinator during their first year to discuss possible placements.

Students in the Counseling program should consult the Counseling Clinical Manual for a full description of internship requirements.

#### REQUIREMENTS

Before applying for Admission to Fieldwork, students are required to fulfill the following:

- 1. Minimum of 12 hours of analysis;
- 2. The advisor's approval;
- 3. A completed application (see appendix);
- 4. An interview with the Fieldwork Coordinator, Ms. Christina Healy (cell: 617-285-3214 or email: healyc@bgsp.edu);
- 5. Successful completion of, or simultaneous enrollment in, one semester of Clinical Psychopathology (PT/CP184 or PT 191) or approved equivalency;
- 6. Purchase of student professional liability insurance (see appendix for insurance information).

Once admitted to a field placement, the student submits a Statement of Field Placement (see appendix) to the Fieldwork Coordinator. During their Field Placement, students will:

- 1. Have a minimum of three patients seen weekly for M.A. in Mental Health Counseling and doctoral students, and four patients seen weekly for M.A. in Psychoanalysis students;
- 2. Be in regular contact with administrative staff;
- 3. Attend one team meeting or equivalent per month, if available;
- 4. Chart and record, if required by the hospital.

For completion of the program, students:

- 1. Write a report to the PT/CP 184 or PT 191 instructor on the visits to two mental health facilities;
- Complete 400 (for Counseling program and clinically experienced doctoral program students) or 600 (for M.A. in Psychoanalysis students hours of clinical and training activities (logged on PT/CP 185 reports--see appendix);
- 3. Receive letters of evaluation and recommendation from the administrative supervisor at the placement;
- 4. Deliver a satisfactory oral presentation of field placement cases which demonstrate a student's ability to integrate theory with their experience of patients encountered during field placement.
- 5. Submit an acceptable case study paper or a primary case.

Students submit the Completion of Fieldwork Form to document completion of the above requirements (see appendix).

#### **APPENDIX**

- 1. List of some field placement options
- Application for Field Placement (Form 1)
- 3. Statement of Fieldwork Placement (Form 2)
- 4. PT/CP 185 (PT 2609) Record of Fieldwork Activities (Form 3)
- 5. PT/CP 185 (PT 2609) Instructor's Report (Forms 4A, 4B)
- 6. PT/CP 111 (PT 201) Supervision Form-Process Notes (Form 4C)
- 7. Statement of Individual Supervision (Form 4D)
- 8. Administrative Contact Evaluation Form (Form 5)
- 9. Completion of Fieldwork Form (Form 6) 2 pages
- 10. Student Professional Liability Insurance Information

### BGSP MENTAL HEALTH & FIELD PLACEMENT SITES MASSACHUSETTS

Waterview Lodge Ashland
Benjamin Health Care Center Boston
Landmark Senior Living Boston
Corey Hill Nursing Home Brookline
Cambridge Rehab & Nursing Cambridge
Neville Place Cambridge

Wellmet Project (group homes) Cambridge, Somerville, Medford

Lynn Shore Rest Home Lynn
Brush Hill Health Care Milton
Mt. Ida Rest Home Newton
Waban Health Care Newton

### BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS APPLICATION FOR FIELD PLACEMENT PROGRAM

NAME			DATE				
ADDRESS	ENTERED BGSP						
PHONE: HON	ME			OFFICE			
I wish to be	considered for th	ie BGSP Field	Placement Prog	ram, to begin	with the		
	semes	ter.					
		BGSP CO	SP COURSES COMPLETED				
Course #	Sem./Date	Course #	Sem./Date	Course #	Sem./Date		
		-	_	_			
		-	_				
				_			
		-	_	_			
Have you ha	d clinical experie	nce?	Yes	No			
If yes, please	e describe:						
Current Train	ning Analyst:			Sessi	ons to date*:		
Analyst's Sig	nature						
Applicant's S	Signature			_Date			
	duate Studies						
*12 sessions re	of Fieldwork quired.			Date_			

### BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS STATEMENT OF FIELDWORK PLACEMENT

To be filed with the Fieldwork Coordinator at the beginning of the placement

Name of Student	
Name of Placement	
Address of Placement	
Administrative Contact	
BGSP Clinical Supervisor	
Counseling Program Individual Supervisor	
Date Placement Began	
Summary of Duties	
Date	
Student Signature	
BGSP Supervisor Signature	2
	2
Fieldwork Coordinator Signature	

# BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS PT/CP 185 (PT 2609) RECORD OF FIELDWORK ACTIVITIES

Turn in to Fieldwork Coordinator at the end of each semester

emesterPT 185 Instructor				
		_Date Bega	n	
	Placem	nent Superv	risor	
Hours	Week 2 PT/CP 185	Hours	Week 3 PT/CP 185	Hours
	Observe Pts. Adm. Super.		Observe Pts. Adm. Super.	
	Process Rec. Weekly Total Overall Total		Process Rec. Weekly Total Overall Total	
Hours	Week 5 PT/CP 185 PT 111 Observe Pts. Adm. Super. PT/CP 331. Process Rec. Weekly Total Overall Total	Hours	Week 6 PT/CP 185 PT 111 Observe Pts. Adm. Super. PT/CP 331 Process Rec. Weekly Total Overall Total	Hours
Hours	Week 8 PT/CP 185 PT 111 Observe Pts. Adm. Super. PT/CP 331. Process Rec. Weekly Total	Hours	Week 9 PT/CP 185 PT 111 Observe Pts. Adm. Super. PT/CP 331 Process Rec. Weekly Total	Hours
	Hours	Placent   Hours   Week 2	Date Bega	Placement Supervisor

Week 10 PT/CP 185 PT 111 Observe Pts. Adm. Super.	Hours	Week 11 PT/CP 185 PT 111 Observe Pts. Adm. Super.	Hours	Week 12 PT/CP 185 PT 111 Observe Pts. Adm. Super.	Hours
PT/CP 331		PT/CP 331		PT/CP 331	
Process Rec.		Process Rec.		Process Rec.	
Weekly Total		Weekly Total		Weekly Total	
Overall Total		Overall Total		Overall Total	
Week 13	Hours	Week 14	Hours	Week 15	Hours
PT/CP 185		PT/CP 185		PT/CP 185	
PT 111		PT 111		PT 111	
Observe Pts.		Observe Pts.		Observe Pts.	
Adm. Super.		Adm. Super.		Adm. Super.	
PT/CP 331		PT/CP 331		PT/CP 331	
Process Rec.		Process Rec.		Process Rec.	
Weekly Total		Weekly Total		Weekly Total	
Overall Total		Overall Total		Overall Total	
Summer	Hours	Extra	Hours		
PT/CP 185		PT/CP 185			
PT 111 Observe Pts.		PT 111			
()hserve Pts		Observe Pts.			
		Adm. Super.			
Adm. Super.		DT /CD 224			
Adm. Super. PT/CP 331		PT/CP 331			
Adm. Super. PT/CP 331 Process Rec.		Process Rec.			
Adm. Super. PT/CP 331 Process Rec. Weekly Total		Process Rec. Weekly Total	·		
Adm. Super. PT/CP 331 Process Rec.		Process Rec.	·		
Adm. Super. PT/CP 331 Process Rec. Weekly Total Overall Total		Process Rec. Weekly Total Overall Total	·		
Adm. Super. PT/CP 331 Process Rec. Weekly Total		Process Rec. Weekly Total Overall Total	·		
Adm. Super. PT/CP 331 Process Rec. Weekly Total Overall Total		Process Rec. Weekly Total Overall Total	·		
Adm. Super. PT/CP 331 Process Rec. Weekly Total Overall Total		Process Rec. Weekly Total Overall Total	·		
Adm. Super. PT/CP 331 Process Rec. Weekly Total Overall Total		Process Rec. Weekly Total Overall Total	·		
Adm. Super. PT/CP 331 Process Rec. Weekly Total Overall Total		Process Rec. Weekly Total Overall Total	·		
Adm. Super. PT/CP 331 Process Rec. Weekly Total Overall Total		Process Rec. Weekly Total Overall Total	·		

## BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS PT/CP 185 (PT 2609) REPORT

To be submitted during each PT/CP 185 (PT 2609) class meeting

NAME	REPORT#	
INSTRUCTOR	SEMESTER	
PLACEMENT	PLACEMENT SUPERVISOR	
PT/CP 185 CLASS LOG: DA	TE OF CLASS	

## BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS STUDENT'S CASE PRESENTATIONS IN PT/CP 111 (PT 201)

To be submitted during each PT/CP 185 (PT 2609) class meeting

NAME	_DATE OF PT 111	REPORT #
SUPERVISOR		
SUPERVISEE #1		
SUPERVISEE #2		
MY OWN SLIMMARY		
SUPERVISEE #2  MY OWN SUMMARY		

### BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS SUPERVISION FORM PT/CP 111 (PT 201)

To be submitted to PT/CP 111 (PT 201) Supervisor: 6 Process Notes per patient each semester

Student	Supe	rvisor
Supervisor Section	Date of Supervision	
Patient's Initials	Date of Session	Session #
	PROCESS NOTES	

### BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS STATEMENT OF INDIVIDUAL SUPERVISION

CP 331 for MA in Counseling students
PT 341 for MA in Psychoanalysis & Doctoral students

All students in fieldwork are required to participate in 10 hours of individual supervision during their fieldwork placement. MA in Counseling students complete these hours during their practicum semester with a licensed mental health counselor at the school. Students in the MA in Psychoanalysis & Doctoral programs complete these hours during their second or third semester in fieldwork.

MA in Counseling students are encouraged to ask their 111 supervisors whether they are qualified to provide individual supervision as a licensed mental health counselor. Otherwise, a list of qualified supervisors may be obtained from the Registrar. MA in Psychoanalysis & Doctoral students may choose any qualified supervisor including their PT 111/201 supervisor.

l,	
am in individual supervision with	
for the semester of	
Signatures:	Date/
Student Signature Supervisor Signature	Date/
Supervisor Signature	
This section to be completed at the en	d of semester:
Semester:	_ Hours of Supervision Completed:
	Date//
Supervisor Signature	

#### FIELDWORK PLACEMENT EVALUATION FORM

To be given to site contact and then submitted to fieldwork coordinator at the end of each semester

net House on Cite ///oole	ا۔ ۸	Iditional Hours on Cita/Mode
nt Hours on Site/Week:	A0	ditional Hours on Site/Week:
ase write a brief evaluation of th	e student's v	work at your institution or agency.
me and Address of Placement		
		Placement End Date//
cement Start Date//	<del></del>	
cement Start Date//		Date//

### BOSTON GRADUATE SCHOOL OF PSYCHOANALYSIS COMPLETION OF FIELD WORK FORM

STUDENT'S NAME	DATE
Fieldwork Placement Placement Site	
Placement Site Contact	Phone
Patients' Initials	
Description of Activities	Total Hours from Form 3
1. PT/CP 185 (PT 2609) Classes at BGSP	
2. PT/CP 111 (PT 201) Case Supervision at E	BGSP
3. Observing Patients at Placement	
4. Admin./Supervision at Placement	
5. Team Meetings at Placement	
6. Charting and Recording	
7. Other (Describe)	
Total Hours	
Number of Semesters in PT/CP 185 (PT 2609)	
Final Evaluation by Site Contact Received Yes	No
Filed Placement Coordinator Signature	
Fieldwork Presentation Oral Case Presentation: Date/ Passed:	Yes No
Comments	
PT/CP 185 (PT 2609) Faculty Signature (signature indicate	Date//s presentation disposition)
, , , , , , , , , , , , , , , , , , , ,	

Form 6, cont'd

STUDENT'S NAME			DATE	
TRAINING ANALYSIS Analyst's Name				
Analytic Hours to Date	d			
Analyst's Signature				
COURSEWORK 20 Courses Completed To [	Date (list)			
Educational Review				
Advisor's Signature			Date/	<i>J</i>

#### **Student Professional Liability Insurance**

All pre-candidacy and Master's students who are participating in any field, practicum, or internship placements are required to carry low-cost individual student professional liability insurance.

In addition to the school's policies and the site's policies, having individual insurance provides the best protection for students working clinically on-site.

THE AVERAGE COST FOR STUDENT INSURANCE IS \$35 PER YEAR.

One agency that is recommended is the American Professional Agency, Inc. <a href="https://www.americanprofessional.com">www.americanprofessional.com</a>. You must also join the Society of Modern Psychoanalysts (SMP) to be eligible for this insurance, which you may do easily by visiting their website at SMPUSA.org. When you join as a STUDENT there is no fee at this level. This is the insurance also recommended for candidacy level students who see patients in the Therapy Center, and it specifically recognizes modern psychoanalysis and the SMP.

There are other companies that offer this type of insurance that are acceptable for coverage at a comparable cost.

Students submit a copy of the coverage page of the policy you choose to the Fieldwork Coordinator.