

“This program helped me to understand the pathologies of my students in crisis.”

RAE NELSON

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## CONTINUING EDUCATION CREDITS

**Boston Graduate School of Psychoanalysis** is approved by the American Psychological Association to sponsor continuing education for psychologists. BGSP maintains responsibility for this program and its content.

**Boston Graduate School of Psychoanalysis (BGSP)** has been approved by NBCC as an Approved Continuing Education Provider (ACEP), ACEP No. 5676. Programs that do not qualify for NBCC credit are clearly identified. BGSP is solely offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the programs.

**Boston Graduate School of Psychoanalysis** is approved by the Department of Education of the Commonwealth of Massachusetts to be a Professional Development provider.

One-Year Program courses offer one CE credit per hour of meeting time. The program totals 30 hours per semester.

BGSP has submitted an application for social work continuing education credits. Please contact us at [ContinuingEd@BGSP.edu](mailto:ContinuingEd@BGSP.edu) for the status of social work CE accreditation.

 **Boston Graduate School  
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**One-Year Program**



**Boston Graduate School  
of Psychoanalysis**

Boston | New York | New Jersey

## One-Year Program



LEARN ABOUT UNCONSCIOUS DYNAMICS  
WORK MORE EFFECTIVELY WITH PEOPLE  
RESOLVE RESISTANCE TO CHANGE



## THE ONE-YEAR PROGRAM

THE ONE-YEAR PROGRAM INTRODUCES STUDENTS to psychoanalytic theories and techniques in order to develop a deeper understanding of human dynamics. Often this understanding leads to approaching old problems in new ways. Designed for anyone who works with people, the program draws on real life situations, case examples, and experiential learning to highlight psychoanalytic concepts such as unconscious conflict, transference, resistance, and induced feelings – the universal concerns that motivate human behavior.

TWO CONSECUTIVE CLASSES MEET one evening every other week for 10 weeks per semester. Each class is 90 minutes. BGSP faculty members teach all courses.

### TUITION & FEES (per semester)

\$1,200 Tuition | \$75 Fees

For more information, including learning objectives, visit [www.bgsp.edu/continuing-education/one-year-program](http://www.bgsp.edu/continuing-education/one-year-program).

**“As a therapist, everything I learned here was relevant.”**

BONNIE FITZ-GIBBON

## WHAT IS PSYCHOANALYSIS TODAY?

Psychoanalysis is the study of unconscious mental and emotional forces that affect the lives of individuals, groups, and societies. Its clinical practice helps people give up symptoms and behaviors which interfere with leading a meaningful and productive life. Today's psychoanalysis has expanded the reach of psychoanalytic understanding and techniques. This allows psychoanalysis to be used to improve the lives of a wider range of patients and to contribute to broader work in mental health, education, organizations, and social change.

## COURSEWORK

### Semester One

An introduction to the basic theories and techniques of psychoanalysis, including regression, transference, resistance, and developmental stages.

#### The Maturation Process

- How the mind develops and the sense of self evolves
- Understanding psychosexual stages and developmental conflicts

#### Transference and Resistance

- Understanding the function of resistance
- Using observations for making inferences and interventions
- Recognizing transference and its implications

### Semester Two

An exploration of techniques for gaining access to the unconscious using symbolic communication and induced feelings, as well as other steps in the psychoanalytic process.

#### Analytic Listening

- Listening to the unconscious level of verbal and nonverbal communications.
- Understanding symbolic communication, dreams, slips of the tongue, etc.

#### Countertransference

- Recognizing countertransference and using induced feelings
- Distinguishing between subjective and objective countertransference
- Resolving countertransference resistances

## WHY STUDY AT BGSP?

At BGSP, we use our understanding of unconscious dynamics to help solve problems of emotional suffering and destructive action. In this way, we help individuals, groups, and communities free their creative energy to live satisfying lives in cooperation with others.

BGSP's accredited graduate degree programs train psychoanalysts as well as mental health and addictions counselors, interdisciplinary scholars, and advocates for social justice. Through our Therapy Center, School Outreach Program, and work in the community, students and graduates work to help people directly improve their lives. Visit the School's website at [www.bgsp.edu](http://www.bgsp.edu) for more information.

## ELIGIBILITY & APPLICATION

There is a non-refundable application fee of \$50. Please fill out the following application and mail with your application fee enclosed to: BGSP, 1581 Beacon Street, Brookline, MA 02446.

Title Last Name First Name

Date of Birth

Street Address

City State Zip/Postal Code

Phone

E-mail

Name of Undergraduate School, Degree Date

Name of Graduate School, Degree Date

Other Learning Experience

Current Employment

How did you learn about BGSP?

Signature Date

**“This was wonderful and challenging.”**

EVAN MARGETSON