



GPSA 504 Human Development: Adulthood-Middle to Later Years - 3 credits

This course will focus on the intra-psychic developmental processes that occur during middle to later years with emphasis on some of the relevant life occurring challenges. Students will read and study developmental theory and case presentations of people and individuals in this phase. The objective of this course is for students to come to a further understanding of some of the conflicts and recapitulations of earlier conflicts in the life cycle that occur during this phase and how they cope. Also to be studied are unconscious motivations in particular individuals, how people grapple with these aspects of their personalities, and manage this phase of development.

GPSA511 Counseling: The Profession – 3 credits

This course provides a broad understanding of the psychoanalytic counseling profession as defined by the history, professional standards, scope of practice and application of ethics to theory and practice. The professions of counseling and psychoanalysis are defined and compared through their historical roots with exploration of overlapping practice methods. The importance of personal and professional self-care is emphasized. Students learn ethical decision making models to assist in making practice decisions.

GPSA521 Psychoanalytic Counseling: Basic Concepts - 3 credits

This course will introduce the student to basic concepts of psychoanalytic counseling. It will be an introduction to Freudian and modern interventions within a counseling framework. The student will demonstrate the application of these concepts.

GPSA522 Comparative Psychotherapies: Modern Concepts/Techniques in Counseling & Psychoanalysis - 3 credits In this course, students will learn the basic intervention strategies applied in Modern Psychoanalytic approaches to counseling and psychoanalysis. We will study how psychoanalytic counseling and psychoanalysis has expanded, in technique and theory, to include more severe emotional disorders. It will be an introduction to theory and interventions; student will learn how to apply these concepts in class via experiential learning.

GPSA551/552 Introduction to Research in Human Sciences: Quantitative and Qualitative Studies – 3 credits

This course examines the bases of scientific inquiry. It provides a theoretical and practical knowledge of research and methodology, including principles of concept formation and research design. Special emphasis is given to ethical research practices. Students review the important tools, methods and techniques for sound and ethical research, including the tools and data of outcomes research and models for qualitative study designs. Students learn to critically evaluate research literature and writing of annotated bibliography. Students will review studies as examples of the various types of qualitative research.

GPSA559-562 Directed Research - .5 to 3 credits

Students enroll in Directed Research to seek more support on the MA research project and work individually for 1.5- 3.0 hours with a faculty member during the semester. Directed research can be taken until the project is completed

GPSA702 Fieldwork Seminar: When and How to Intervene: Transference and Countertransference – 4 credits

The Externship sequence provides an opportunity for student to developing listening skills, and practicing diagnostic and interviewing techniques while understanding transference, countertransference and issues of bias. An integration of theory while applying classroom learning in practice at the site will be emphasized in the academic and supervisory components of this sequence of courses. Students are required to simultaneously register for small group studies (SGS). In this second segment of the fieldwork experience students study the helping relationship and techniques to facilitate understanding of transference and countertransference as they influence the student's self-development. Students learn how to recognize severe psychopathology and how to identify, process and understand their feelings while exploring possible inductions from cases. Students study these dynamics while on site at hospitals, day treatment centers or other mental health settings. Students work towards the required hours according to the program of study (refer to the fieldwork manual for details on supervised hour requirements for fieldwork) (CERT required, MAP required, MAMHC required, no Post MA)

GPSA702B-F Small Group Studies (SGS)

This supervised group study course is taken concomitantly with Fieldwork Seminar (GPSA 702). The students study individual cases at their Fieldwork Site in depth, presenting and reading about the dynamics of each case as well as their personal reactions to the client. The students process the challenges in working with and learning about serious psychopathology in a treatment relationship. The goal of the course is to help students identify the defenses of narcissistic clients and the countertransference reactions of the treating therapist. Students will present cases with process notes as a way to study the dynamics of the cases. Each week three students meet with the faculty person and present their cases, studying the most therapeutic approach to each case. (Required concurrently with fieldwork seminar 701-704)

GPSA 534 Trauma and the Resilient Mind/Contemporary Theories – 3 credits

This course is designed to introduce students to an understanding of the various types of trauma generating maladaptive, emotional stress reactions, a grasp of the developing concept of resilience and the adaptive responses that promote it. Major theories and theorists investigating the developmental, relational, conscious and unconscious aspects of the trauma/resilience phenomenon will be presented. Methods for assessing trauma responses and current therapeutic interventions will be explored. Class discussion of case material, personal vignettes, required papers and weekly logs will provide an opportunity for hands-on application of strategic intervention design. In depth attention will be given to the study of PTSD theories, secondary trauma and complex and developmental trauma.