

PT 185b Field Work Seminar
Mr. Twyman
Fall 2014

Undoubtably we have no questions to ask which are unanswerable. We must trust the perfection of the creation so far as to believe that whatever curiosity the order of things has awakened in our mind, the order of things can satisfy. Every man's condition is a solution in hieroglyphic to those inquiries he would put. He acts as life, before he apprehends as truth. Ralph Waldo Emerson, **Nature**

Objectives: This course aims to enable a student to apply an understanding of Spotnitz's theory of schizophrenia and its treatment to specific problems and questions the student presents in class regarding his observations of regressed patients in the fieldwork setting. An understanding of primitive psychopathology will be developed as students relate material they gather from both their observation of the patient as well as their own internal experience to Spotnitz's theories. Key concepts which will be emphasized and are central to a modern analytic understanding of the regressed patient are: narcissism and the narcissistic defense, preverbal or preoedipal conflicts, regression, psychosis, ego field and object field of the mind, ego syntonic and ego dystonic interventions, emotional insulation, resistance (verbal, non-verbal, treatment destructive), contact functioning, transference (narcissistic and object; negative and positive), countertransference (objective and subjective; negative and positive; narcissistic and object), emotional induction (contagion), symbolic communication, and interventions (commands, questions, explanations, mirroring, joining).

Course Requirements:

Practicum placement is in a setting for severely regressed patients for the purpose of providing students an opportunity to learn about psychosis and regressed states, and the unique demands treatment of these states makes on the clinician.

Class attendance and participation is required. Two **excused absences** are permitted for the 15 main class weeks. An excused absence is an absence that has been requested in advance of the date of the proposed absence.

In class, students discuss their observations, questions, and problems as they arise in their placement, and the assigned readings as they relate to their work in the practicum/fieldwork setting.

Students turn in logs for each class attended (save the last class),

communicating anything to their instructor they would prefer to be private. Students also turn in a brief summary and reaction to the assigned readings for each class.

Paper: At the end of each semester of PT 185, students will submit a paper describing their experience and understanding of one patient of their choice. If possible, the patient chosen for the student's first semester paper will be the patient the student writes about for succeeding semesters. The student's paper will focus on (1) the patient's diagnosis as it is manifested in the sessions, (2) the process the student finds himself engaged in with the patient, (3) the student's understanding of the transference and countertransference, (4) the patient's major conflict(s), and (5) how the readings have contributed to the student's understanding of his sessions with the patient. The student may use readings from PT 185 and from any other class. At least 5 references to the literature are required for the first paper, with an additional 5 references each semester the student expands and revises his study of the patient. The format of the paper should be the same as the format followed by papers published in Modern Psychoanalysis. Evaluation of the student's paper will be based on the student's ability to present their understanding of the patient as it is illustrated in relevant clinical material; and how well they are able to relate their treatment of the patient to the problems of the patient, as well as to the theory they are exposed in in the readings (see above). The paper is due the next to last class.

Countertransference Journal: The student will also be required to keep a journal of the thoughts and feelings that come to him both during and after his sessions with the patients. This exercise is suggested because such a journal may be helpful to the student as she struggles to sort out from her experience what comes from the patient and what comes from her. It is not required that this be handed in.

Teaching Method: Class discussions that integrate the theoretical and clinical literature with the cases from the field work placements presented by students.

Methods of evaluation: Class participation, logs, and a commentary on the assigned readings for each class.

Texts:

Spotnitz, Hyman (1985) Modern Psychoanalysis of the Schizophrenic Patient, 2nd ed. New York: Human Sciences Press.

Frances, A., chairperson (1994) Diagnostic and Statistical Manual of Mental Disorders (DSM-IV), Washington: American Psychiatric Press.

LaPlanche, J. & Pontalis, J.B. (1967) The Language of Psychoanalysis. London: Hogarth.

Hunt, Jennifer (1989) Psychoanalytic Aspects of Fieldwork: Quantitative Research Methods. Newbury Park, CA: Sage Publications.

Syllabus:

Class 1: (Sept. 4)

Spotnitz, H. (1985). Modern Psychoanalysis of the Schizophrenic Patient (MPSP)--Intro. and chap. 2.

Class 2: (Sept. 18)

Spotnitz, H. (1976) Psychotherapy of Preoedipal Conditions (POPC)--chaps. Intro, 1, and 2.

Class 3: (Sept. 25)

Spotnitz (1976) The myths of Narcissus, *POPC*, pp 93-100.
----- (1976) The narcissistic defense, *POPC*, pp 101-116.
----- (1976) The need for insulation, *POPC*, pp 117-136.

Class 4: (Oct. 2)

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Study all references to "Contact Functioning" in *MPSP* and *POPC*.
Margolis (1994) The contact function of the ego, *Mod. Psya.*, 19(2), pp 199-210.

Class 5: (Oct. 16)

Spotnitz, (1987) *MPSP*, chap. 3.

Class 6: (Oct. 23)

Spotnitz, H. (1976) *POPC*, chap. 3

Margolis, ((1984) The object oriented question, *Mod. Psya.*, 8(1), pp 35-46.

Margolis (1986) Joining and mirroring, *Mod. Psya.*, 11(1&2), pp 19-36

Class 7: (Oct. 30)

Blumenson (1993), The mirror of silence, *Mod. Psya.*, 18(2), pp. 179-189.

Belluck, Pam (2010). *N Y Times*, "Giving Alzheimer's Patients Their Own Way, Even Chocolate." 12-31-2010

Class 8: (Nov. 6)

Spotnitz, H. (1985). *MPSP*, Chap. 4.

Class 9: (Nov. 13)

Spotnitz, H. (1985). *MPSP*, Chap. 5

Class 10: (Nov. 20)

Spotnitz, (1985). *MPSP*, chap. 6.

Class 11: (Dec. 4)

Spotnitz, H. (1985). *MPSP*, chap. 7.

Class 12: (Dec. 11)

Spotnitz, H. (1985). *MPSP*, chap. 8.

Class 13: (Dec. 18)

Spotnitz, H. (1985). *MPSP*, chap 9.

Class 14: (Jan. 8)

Spotnitz, H. (1985). *MPSP*, chap.10.

Class 15: (Jan. 22)

Giovacchini, M.D, Peter, and Boyer, M.D., L. Bryce (1975). "The Psychoanalytic Impasse," *International Journal of Psychoanalytic Psychotherapy*. Ed. Robert Langs M.D. and the Editorial Board. Jason Aronson: New York. Vol. 4, pp.25-47.

Additional Recommended Readings:

Ahumada, J. (1990) On Narcissistic identification and the shadow of the object. Int. R. Psycho-anal., 17:177-187.

Etchegoyen, R. H. (1985) Identification and its vicissitudes, IJP, 66:3-18.

Fenichel, O. (1972) Early mental development: The archaic ego AND Development of instincts, infantile sexuality. The Psychoanalytic Theory of Neurosis. NY: Norton. 33-101.

Haas, Scott (1990) Hearing Voices: Reflections of a Psychology Intern. NY: Penguin Books.

Meissner, W. (1991) What is effective in psychotherapy: The move from interpretation to relation. Northvale, NJ: Aronson.

Porter, R. (1987) A Social History of Madness. NY: Dutton.

Rinsley (1989) Developmental Pathogenesis and Treatment of borderline and narcissistic personalities, Part I [I've lost the citation for this and can't find it; maybe someone else can.]

Stone, M. H. (1986) Essential Papers on Borderline Disorders: One Hundred Years at the Border. NY: NYU Press.

History:

Arieti, S. (1959) American Handbook of Psychiatry. NY: Basic Books.

Davis, H. (1965) Short-term psychoanalytic therapy with hospitalized schizophrenics. Psyca. Rev. 52(4)82[422]-108[448].

Fenichel, O. (1972) The Psychoanalytic Theory of Neurosis. NY: Norton.

Ferenczi, S. (1913) Taming of a wild horse. In Final Contributions to the Problem and Methods of Psychoanalysis, Vol. III, NY: Brunner/Mazel (1980).

____ (1920) Further developments of an active therapy in psychoanalysis. In Further Contributions to the Theory and Technique of Psychoanalysis, Vol. II. NY: Brunner/Mazel (1980).

Fisher, S. (1974) Defense of the border. In Body Consciousness. NY: Aronson., 20-40.

Greenson, R.R. (1967) The Technique & Practice of Psychoanalysis. NY: IUP.

Kalb, L. C. (1973) Schizophrenia, affective processes and paranoid reactions. In Modern Clinical Psychiatry. NY: W. B. Saunders.

Kernberg, O. (1975) Borderline Conditions and Pathological Narcissism. Northvale, NJ: Aronson.

Rosenfeld, H. (1966) Analysis of a schizophrenic state with depersonalization. In Psychotic States: A Psychoanalytic Approach. NY: IUP, 13-33.

____ (1966) The psychopathology of hypochondriasis. Ibid., 180-199.

____ (1966) On the psychopathology of narcissism: A clinical approach. Ibid., 169-179.

____ (1966) Notes on the psychopathology and psychoanalytic treatment of schizophrenia. Ibid., 155-168.

Searles, H. (1965) Collected Papers on Schizophrenia and Related Subjects. Madison, CT: IUP.

Sherman, M. (1961-62) Siding with the resistance in psychoanalysis. *Psy. Rev.* 48:43-59.

