

BGSP ONE-YEAR PROGRAM
The Maturational Process OYP 101
Dr. Hugenberger Fall 2014

Objectives

The goal of the class is to acquaint clinical practitioners and professionals from various disciplines with Modern Psychoanalytic thinking in order to enhance their therapeutic skills.

The class is designed to help the participant:

1. Discuss how an infant begins to develop psychic structure, using class readings and experience.
2. Explore how the developing structure progresses from an objectless void into a person with the ability to develop object relationships.
3. Analyze the transformation of drives through the libidinal stages of oral, anal, phallic and genital.
4. Explore the fundamental conflict of the life and death drives and its role in shaping character.
5. Analyze how these theories influence the way we understand ourselves and work with the people in our world.

Teaching Method

Class discussion, using material from students to demonstrate the concepts being considered. Material may arise either from class dynamics or from life experiences that are presented.

Requirements

A weekly log is presented at subsequent classes. It should include thoughts, understanding, questions, etc. about the class dynamics, the topic discussed or anything else the student wants to communicate to the instructor. Please include your name and the date of the class reported on.

Syllabus

September 4 Class 1

Damasio, A.R. (1999) *Stepping into the Light. The Feeling of What Happens.* NY:Harcourt Brace Pp. 1-31

September 18 Class 2

Fenichel, O. (1945), *the Psychoanalytic Theory of Neurosis.* New York, Norton. Pp.33-51.

October 2 Class 3

Winnicott, D.W. (1945), Primitive Emotional Development. *D.W. Winnicott: Collected Papers*

Piontelli, A. (1989) A study of twins before and after birth. *Int. Rev. of Psya.*, 413-426.

October 16 Class 4

Meadow, P.W. (2003), The language of emotion. *The New Psychoanalysis*. Philadelphia, PA: Rowman & Littlefield.

October 30 Class 5

Segal, H. (1979) The paranoid-schizoid position. Melanie Klein. New York: Viking Press. pp 113-124
Segal, H. (1979) The depressive position. Melanie Klein. NY:Viking.

November 13 Class 6

Abraham, K. (1923), Contributions to the theory of the anal character. *International Journal of Psychoanalysis*, 4:400-418.

Dec. 4 Class 7

Fraiberg, S (1959), In Brodningnag. *The Magic Years*. New York: Charles Scribners Sons. pp. 107-145

Dec. 18 Class 8

Bloch, D. (1978) Four children who insisted they belonged to the opposite sex. *So the Witch Won't Eat Me*. Boston: Houghton Mifflin. 50-70.
Freud, S. (1923) The Ego and the Id, Part III: The ego and the superego, *Standard Edition*, v. 19, London: Hogarth, Pp. 28-39.

Jan. 8 Class 9

Bollas, C. (1992) Why Oedipus? *Being a Character*. NY: Hill Wang, 218-246.
Dahl, E.K. (1996) The concept of penis envy revisited: A child analyst listens to adult women, *Psychoanalytic Study of the Child*, 51: 303-325.

Jan. 22 Class 10

Spotnitz, H. (1997) The Goals of Modern Psychoanalysis: The Therapeutic Resolution of Verbal and Preverbal Resistances for Patient and Analyst. *Modern Psychoanalysis*, Vol. 22, No. 1, 31-40.

Additional Readings

Vol. 13(2) of *Modern Psychoanalysis* has a fairly comprehensive list of readings that were used in the maturational sequence at BGSP in earlier years. More recent reading lists for PT 141 and PT 142, *How the Mind Unfolds*, are available from the librarian. Students who are interested in adding to their knowledge of this area will find these lists useful.