

### MA in Psychoanalysis Equivalencies for MA in Mental Health Counseling Curriculum

Students transferring credits from the MA program to the MA in Mental Health Counseling Program may meet course equivalencies and course requirements for LMHC 10 required content areas as specified below. In addition students meet the psychoanalytic Level A course requirements common to both programs (PT/CP151, PT/CP161, PT/CP155, PT/CP154).

LMHC Content Areas and BGSP Courses Which Satisfy Requirement:  
(3 credits are required in each content area)

Content Areas	Pre Fall 2007 MA Program	MA in Mental Health Counseling Program
<u>1) Counseling Theory</u>	CP 102 Theories of Counseling –2 cr, 3 cr later PT 151 Basic Psychoanalytic Concepts –2 cr	CP 102 Theories of Counseling – 3 cr
<u>2) Human Growth &amp; Development</u>	PT 141 and PT 142 Human Development (0-2 years & 2-4 years): Early Development of Mind I and II – 2 credits each, total 4 credits PT 143 Latency and PT 144 Adolescence and PT 147 Young Adulthood – 2 credits each	CP141 Early Development – 3 cr CP146 Later Development – 3 cr
<u>3) Psychopathology</u>	PT 184 Psychopathology I: Primitive Mental States – 2 credits PT 186 Psychopathology II: Beyond Psychosis – 2 credits	CP 184 Psychopathology I CP 186 Psychopathology II Two semester course, 4 cr total
<u>4) Helping Relationships/ Counseling Techniques</u>	PT 185a Fieldwork Seminar: Forming a Relationship – 2 credits PT 185b Fieldwork Seminar: How to Listen – 2 credits PT 185c Fieldwork Seminar: Case Formulation – 2 credits	CP 185a Clinical Technique: Field Work Seminar – 3 cr
		PT 185 b Mental Health Treatment and Consolation: Field Work seminar – 4 cr CP 185c Maintaining and Terminating treatment: Field Work Seminar – 4 cr
<u>5) Assessment- Appraisal</u>	CP 101 Assessment/Appraisal – 3 credits	Same
<u>6) Cultural and Ethnic Diversity</u>	CP 104 Human Diversity – 3 credits	same

<u>7) Professional Orientation</u>	CP 103 Ethics for Mental Health Counselors – <i>3 credits</i>	<i>Same</i>
<b>Content Areas</b>	<b>Pre Fall 2007 MA Program</b>	<b>MA in Mental Health Counseling Program</b>
<u>8) Special Treatment Issues</u>	<p>Students can elect from various courses on special populations and issues (<i>3 cr total</i>) such as:</p> <p>ISV 651 Forensics – <i>3 credits</i>  ISV 614 Violence in Families – <i>2 credits</i>  ISV 606b Cultural Psychopathology and Social Psychiatry – <i>2 credits</i>  EX 308 The Biopsychosocial Model of Aging: Diagnosis and Treatment – <i>3 credits</i>  EX 309 Treatment Modalities with Older Adults – <i>2 credits</i>  PT 144 Adolescence – <i>2 credits</i>  EX 201 Emotional Education: Having a Maturational Influence – <i>2 credits</i>  EX 208 Understanding and Working with the Difficult Child – <i>2 credits</i>  PT181 Somatic Factors – <i>2 credits</i></p>	<p>Students can elect from various courses on special populations and issues (<i>3 cr total</i>) such as:</p> <p>CP181 Somatic Factors – <i>3 cr</i>  CP110 Working with Addiction – <i>3 cr</i>  ISV651 Forensics – <i>3 cr</i>  ISV606 Cultural Psychopathology and Social Psychiatry – <i>3 cr</i>  EX309 Treatment Modalities with Older Adults – <i>3 cr</i>  EX208 Understanding and Working with the Difficult Child – <i>3 cr</i>  EX201 Emotional Education : Having a Maturational Influence – <i>3 cr</i>  PT 144 Adolescence – <i>2 cr</i></p>
<u>9) Group Work/Dynamics</u>	PT 150 Concepts of Group Analysis – <i>2 credits</i> PT 190 Group Experience – <i>1 credit each semester for two semesters</i>	CP150 Concepts of Group Analysis – <i>3 cr</i>
<u>10) Research &amp; Evaluation</u>	PT 171 Research Methods in the Social Sciences – <i>2 credits</i> PT 173 Qualitative Research <i>or</i> PT 172 Research Methods in Psychoanalysis – <i>2 credits</i> PT 1787 Master’s Paper Course – <i>4 credits</i> <i>or</i> PT 003 Thesis Advisement – <i>4 credits</i>	CP 1787 Master’s Paper Course <i>4 cr</i> CP170 Research Methods <i>3 cr</i>

## **Clinical Experience**

**CP 330 Practicum** of 100 hours, 40 of which are direct client contact hours

The requirement for the practicum is met in the first semester (practicum semester) of the Fieldwork Placement.

Supervision: Total 25 hours

10 hours individual supervision

5 hours group supervision (CP111 meets this requirement)

10 additional hours of either individual or group supervision (7 hrs met by CP 111)

Individual supervision takes place at the site, 10 hours are required altogether (approximately every other week) with a licensed mental health professional. Twelve hours of individual psychoanalytic supervision are required through the school. (CP331) Twelve hours of group supervision are required at the school. (CP111). An additional 3 hours of either individual or group are required and usually fulfilled at the site. All CP111 supervisors are qualified supervisors.

**CP 350 Internship** of 600 hours, 240 of which are direct client contact hours

The requirement for the internship is met in the second two semesters (internship semesters) of the Fieldwork Placement. Counseling students must attend 15 hours/week and see at least 6-7 client hours/week over the course of a full year.

Supervision: Total 45 hours

15 hours individual supervision (on site)

15 hours group supervision (CP111 meets this requirement)

15 hours either individual or group supervision (7 hrs met by CP111)

Individual supervision takes place at the site and must be with a licensed mental health professional, usually on an every other week basis, totally approximately 24 hours. Twenty four to twenty five hours of group supervision are required at the school. 24 hours of individual (CP351) supervision are also required through the school.

**Note:** To meet psychoanalytic training program requirements, students see minimally four psychotic patients for three semesters to have the experience of working over time with regressed individuals. This may be part of the internship experience or additional placement hours in another setting. Work this out with the Fieldwork Coordinator, Ms. Woolbert.